



merion village dental
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Post-Operative Endodontic Instructions

It is normal for your tooth to be sore for the first few days after root canal therapy has been completed. Initially, soft foods are recommended, as they will provide less discomfort while chewing. The soreness may continue for up to one week. Your tooth may feel differently the second and third weeks. By the fourth week, it should feel like your other teeth.

You have been given four days worth of Ibuprofen (brand name Advil or Motrin) to aid post-operative healing and to help manage any discomfort. This is an anti-inflammatory medication that will reduce the inflammation in the area that was treated. If the Ibuprofen does not alleviate your symptoms, please take the pain medication prescribed to you as it says on the bottle.

A very small percentage of patients (less than 5%) experience post-operative swelling in the area that was treated. If this happens, please contact our office immediately to speak with the staff.

For our female patients, there may be an interaction between antibiotics and oral contraceptives. If you are presently taking antibiotics or if our office prescribed them to you, please use an alternative means of birth control for your entire cycle that month.

If you have any questions or concerns following your treatment, please do not hesitate to call our office. If your call is after hours, the answering service will page someone to assist you.

– Merion Village Dental, Drs. Vesha, Janikian, and Voyles